Golden Thread: Freedom



Objectives and Sticky Knowledge

Previous Knowledge:

Know how to copy an action Know why we need to remember certain actions in games Know what coordination means and how that relates to success in games

Land Objectives and Sticky Knowledge:

1. Throw and catch accurately with one hand	2.Hit a ball accurately with control.	3. Vary tactics and adapt skills depending on what is happening in a game
 Know what hand-eye coordination is and how that will support with catching with one hand. Know that catching with one hand requires concentration and control of your hands. Know that the word accurately means exactly in sport and keeping your eye on the ball will make your aim more accurate. 	1. Know that using two hands when hitting a ball is the most accurate way.	 Name different tactics that can be used in games - getting into space, dodging players, zoning, eye contact, tricking opponents when moving Know how to adapt these tactics when the game play changes. Understand that adapt means change the game according to what is happening

<u>Sea:</u>	Links to CST and CKA values:
Links with 'Freedom' Golden Thread	



Year 4 P.E Knowledge Organiser

Key Vocabulary

Sky Objectives:

ABC's.

exercising.

batting	A skill which allows the bat to contact the ball.
Throwing	A technique to field the ball to the correct position at the correct place.
catching	The ability to get in the correct position to field the ball.

1. Can actively show an understanding of the

2.Can encourage other children during a

3.Can identify the role off the heart when

competitive situation when losing.

A run is scored when a batter	The pitch is a
hits the ball and runs the	usually made
length of the wicket.	which has a s
A 'four' is scored when a struck	the wicket in
ball reaches the boundary.	where the b

A 'six' is scored when a struck ball passes over the boundary without touching the ground.

Scoring

The pitch is a large area,
 usually made of grass,
 which has a strip called
 the wicket in the centre
 where the batters run
 along.
 At each end of the wicket

are a set of stumps.

Pitch

