

Year 3 PE Cricket

Sky Objectives

1. Can describe the ABC's relating to sporting movement.
2. Can encourage other children during an activity.
3. Can describe what happens to our heart rate when exercising.



Skill	Description
batting	A skill which allows the bat to contact the ball.
throwing	A technique to field the ball to the correct position at the correct pace and direction.
catching	The ability to get in the correct position to field the ball.
bowling	A technique to deliver the ball in the correct position for the batter to hit.
match play	A skill used to understand the basics of the game, the scoring, the rules and the player's positions.

Scoring	Pitch
A run is scored when a batter hits the ball and runs the length of the wicket.	The pitch is a large area, usually made of grass, which has a strip called the wicket in the centre where the batters run along.
A 'four' is scored when a struck ball reaches the boundary.	At each end of the wicket are a set of stumps.
A 'six' is scored when a struck ball passes over the boundary without touching the ground.	

