



Objectives and Sticky Knowledge



Previous Knowledge Recap:

- *Manages own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.
- *Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- *Forms positive attachments to adults and friendships with peers.
- *Show sensitivity to their own and others needs.

Land Objectives and Sticky Knowledge:

Begin to know the difference between pleasant and unpleasant emotions and begin to know some coping mechanisms.	Begin to understand the importance of washing hands and know how to wash hands correctly.	Begin to understand different types of relationships and know how to be a good friend.
<p>I can recognise and name a range of emotions and describe their physical effects.</p> <p>I know whether they are pleasant or unpleasant emotions.</p> <p>I can name and practice some coping skills.</p>	<p>I can use the steps to wash my hands correctly</p> <p>I understand that washing my hands keeps me healthy</p> <p>I understand when and where to wash my hands</p>	<p>I can recognise thoughtful and kind behaviours.</p> <p>I can describe some things that a good friend might say or do.</p> <p>Understand the importance of caring about someone's feelings.</p> <p>Begin to see a situation from someone else's point of view.</p>

Links with 'Communication' Golden Thread:

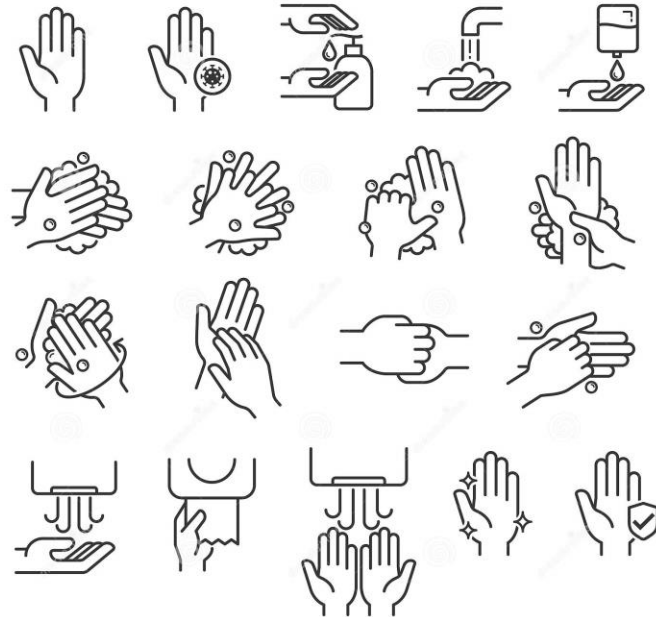
- Communicating how we are feeling.
- Why is it good to share how you're feeling with others?
- To tell/share good advice with other people.

Links with CST:

- Common good – thinking of everyone
- Human dignity – everyone is special
- Solidarity – showing we care

Links with CKA Values Crown:

- Love, respect, compassion, forgiveness



Key Vocabulary:

happy
sad
angry
worried
tired
calm

Key Vocabulary:

germs
clean
healthy
soap
water
rub

What makes a good friend?

Sky objectives:

- 1.Children recognise that they have different feelings and this makes them behave in different ways.
- 2.Children can name the people who are important to them and why.
- 3.Children can recognise when they themselves have been helpful.