CHRISTUS REGNAT

Objectives and Sticky Knowledge

Previous Knowledge Recap:

I know how to keep myself safe in a range of situations, including when on my bike and when out in the community. I know that rules are decided upon for the safety of others and it is important that they are adhered to.



Land Objectives/ Sticky Knowledge

I can explain what peer pressure is and give ways of managing peer pressure.

I can give examples of what peer pressure might look like.

I can explain what peer pressure is - when you are encouraged to do something or change the way you act.

I know the difference between positive and negative peer pressure.

I can explain why some people sometimes give in to peer pressure.

I can plan strategies for managing peer pressure.

I can explain the potential outcomes that may happen when we take risks.

Sea:	Links with CST and CKA Values Crown:
Links with 'Communication':	

Year 5 PSHE Advent 1 Knowledge Organiser

Key Vocabulary

Peer Pressure	When a friend or someone you know influences you to do something you do not feel comfortable with.
Encourage	To give hope, confidence, or support to someone.
Risk	The possibility that something unpleasant or dangerous will happen.
Risk assessment	A systematic process of evaluating the potential risks that may be involved in a projected activity or undertaking.
Support network	The people in your life that help you achieve your personal and professional goals.



Key Facts

- It is important to recognise who to trust and who not to trust and to be able to judge when a friendship is making you feel unhappy or uncomfortable
- The characteristics of friendships include: mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties

Sky objectives:

- 1. Children are able to identify the zone they are in and to use the tools independently to return to the green zone.
- 2.Children respect and understand personal boundaries in different relationships.
- 3. Children know how to set an example of appropriate behaviour and to stand up to those who behave irresponsible.

By the end of these topics, I should:

- identify strategies we can use to keep ourselves and others safe
- recognise ways to manage peer pressure
- explain the potential outcomes that may happen when we take risks
- recognise the impact and possible consequences of an accident or incident