



Objectives and Sticky Knowledge

Previous Knowledge:

- I can recognise kind and unkind comments
- I know who to ask for help
- I can recognise and name a range of emotions and describe their physical effects.
- I know whether they are pleasant or unpleasant emotions.
- I can name and practice some coping skills.



Land Objectives and Sticky Knowledge:

<p>I can describe what bullying is and explain its impact on others including the coping strategies that we can use in our response.</p>	<p>I understand that my feelings can be shown without words and understanding the body language of others.</p>
<ul style="list-style-type: none"> • I am able to name a range of feelings. • I understand why we should care about people's feelings. • I am able to see and understand bullying behaviours. • I know how to cope with these bullying behaviours. 	<ul style="list-style-type: none"> • I can identify feelings by looking at body language. • I can describe my own body language and what that says about me.

Links with 'Communication' Golden Thread

Communication online and positive interactions with others

Links with CST and CTK values:

Human dignity - Everyone is special.
 Common good - What is best for everyone?
 Solidarity - We are all one big family.



Year 2 PHSE – Bullying and body language

I will learn the following new words/phrases:

Bullying	<i>A repeated aggressive or unkind behaviour.</i>
Mean	<i>Unkind, spiteful, or unfair.</i>
Describe	<i>To say or write what someone or something is like.</i>
Teasing	<i>To laugh at someone or say unkind things about them.</i>
Threatening	<i>Expressing a threat of something unpleasant or violent.</i>
Advice	<i>An opinion that someone offers you about what you should do or how you should act in a particular situation.</i>
Imagine	<i>To form or have a mental picture or idea of something.</i>
Anti-bullying	<i>Opposed to or acting against bullying.</i>

Ask me a question!

- How might someone feel if they are being bullied?
- If you thought someone was being bullied, what could you do?
- How can you be kind to someone?
- What kind of things can friends fall out over or disagree about?
- What can we do if we fall out with our friends?



Golden Thread: Communication



Key Facts

- **Bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing**
- **It is important to take time to judge whether what you are feeling and how you are behaving is appropriate and proportionate**
- **healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded**

Sky Objectives:

Children start to accurately name the different feelings they experience.

Children can explain the different types of relationship they have with other people.

Children can be helpful at appropriate times or seek help when needed.